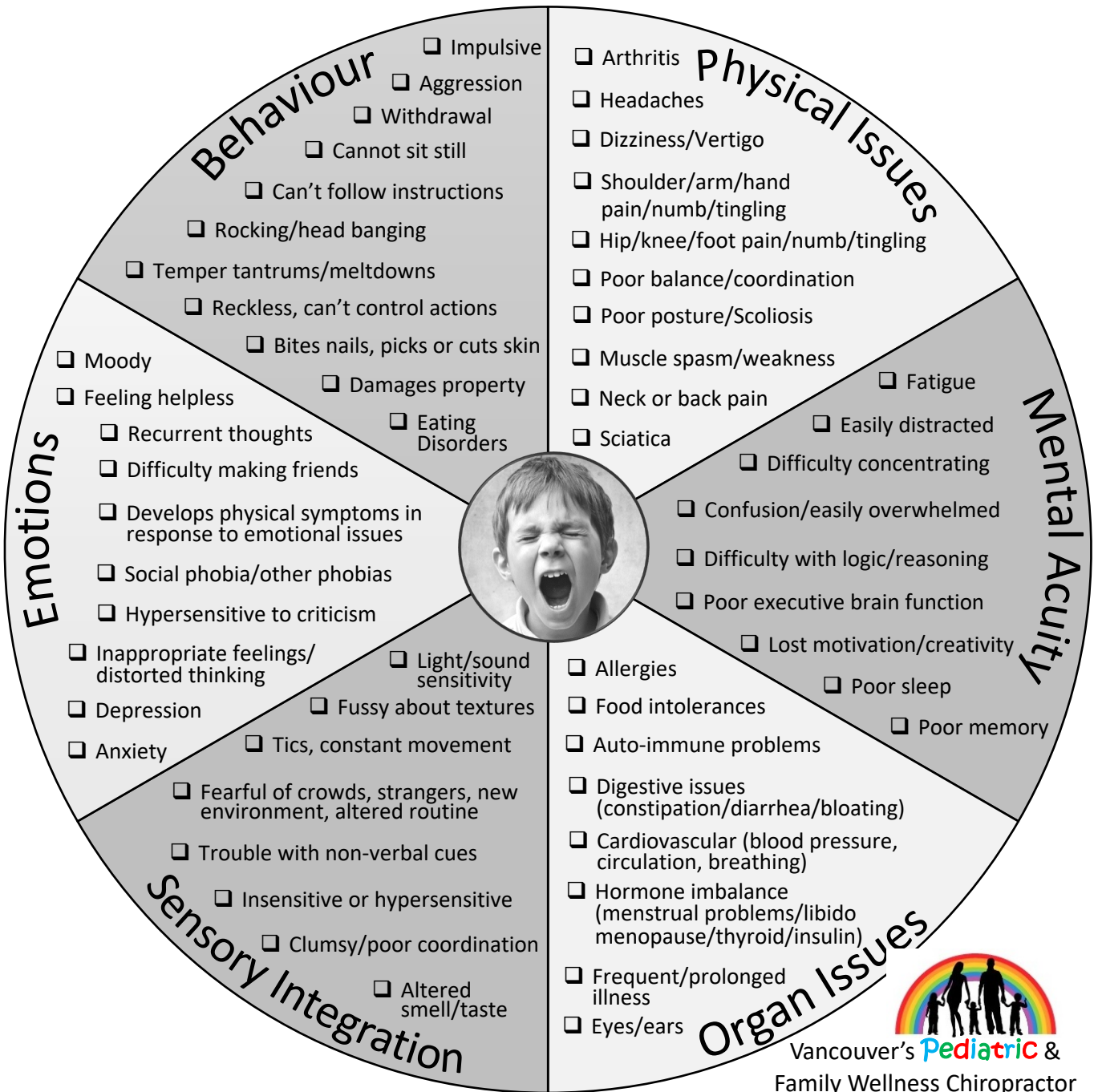


Name: \_\_\_\_\_ Parent's Name: \_\_\_\_\_

Age: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

A compromised nervous system (nerve distress) can present in subtle and not-so-subtle ways. Please check the issues affecting you now or in the past.



**Behaviour**

- Impulsive
- Aggression
- Withdrawal
- Cannot sit still
- Can't follow instructions
- Rocking/head banging
- Temper tantrums/meltdowns
- Reckless, can't control actions
- Bites nails, picks or cuts skin
- Damages property
- Eating Disorders

**Physical Issues**

- Arthritis
- Headaches
- Dizziness/Vertigo
- Shoulder/arm/hand pain/numb/tingling
- Hip/knee/foot pain/numb/tingling
- Poor balance/coordination
- Poor posture/Scoliosis
- Muscle spasm/weakness
- Neck or back pain
- Sciatica

**Mental Acuity**

- Fatigue
- Easily distracted
- Difficulty concentrating
- Confusion/easily overwhelmed
- Difficulty with logic/reasoning
- Poor executive brain function
- Lost motivation/creativity
- Poor sleep
- Poor memory

**Organ Issues**


- Allergies
- Food intolerances
- Auto-immune problems
- Digestive issues (constipation/diarrhea/bloating)
- Cardiovascular (blood pressure, circulation, breathing)
- Hormone imbalance (menstrual problems/libido menopause/thyroid/insulin)
- Frequent/prolonged illness
- Eyes/ears

**Sensory Integration**

- Light/sound sensitivity
- Fussy about textures
- Tics, constant movement
- Fearful of crowds, strangers, new environment, altered routine
- Trouble with non-verbal cues
- Insensitive or hypersensitive
- Clumsy/poor coordination
- Altered smell/taste

**Emotions**

- Moody
- Feeling helpless
- Recurrent thoughts
- Difficulty making friends
- Develops physical symptoms in response to emotional issues
- Social phobia/other phobias
- Hypersensitive to criticism
- Inappropriate feelings/distorted thinking
- Depression
- Anxiety



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For a FREE Consultation with Dr. Sabrina Chen-See, email us this completed survey along with a paragraph of your main concerns or health goals (drchensee@gmail.com).